

Basic Information on Neuromusculoskeletal and Vocal Health

National Association of Schools of Music
Performing Arts Medicine Association

IMPORTANT NOTES

1. Organizations

NASM, founded in 1924, is an organization of schools, conservatories, colleges and universities with approximately 651 accredited institutional members. It establishes national standards for undergraduate and graduate degrees and other credentials and is the national music school accrediting agency. NASM also provides information to potential students and parents, consultations, statistical information, professional development; and policy analysis.

PAMA, founded in 1989, is an organization comprised of dedicated medical professionals, artists, educators, and administrators with the common goal of improving the health care of the performing artist. Members of PAMA are professionals in fields that include research, education, and clinical practice who hail from all corners of the globe.

2. Disclaimers

- a. NASM and PAMA are providing this web resource for institutions that teach music to assist local consideration and action about neuromusculoskeletal and vocal health.
- b. The information:
 - is generic, presentational, and advisory in character.
 - is oriented far more to musicians and lay persons than to medical, scientific, or research professionals concerned with neuromusculoskeletal and/or vocal health.
 - does not substitute for the professional judgments of medical and other professionals working in their areas of documented expertise.
 - is not to be considered as professional advice or to be used as a basis for the medical treatment of specific individuals.
 - does not supersede present and future empirical research that may confirm, contradict, expand, or change the medical or other information provided here at any point in time.
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